



## The Art of Healing Intake Form

Date: \_\_\_\_\_ Referred by: \_\_\_\_\_

First, Last Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name/Phone: \_\_\_\_\_

Reason for visit: \_\_\_\_\_

Intention for the Session: \_\_\_\_\_

Allergies: \_\_\_\_\_

### **Medications/OTC medications/Supplements: (names only)**

### **Medical History: (diagnosis only)**

### **Surgical History:**

### **Birth History: (circle all that apply)**

Preterm Full term Overdue Birth: Vaginal C Section

Vacuum Extraction Forceps Other Birth Injury None

Post delivery complications: \_\_\_\_\_

Size at Birth: \_\_\_\_\_ Breast Fed Formula Fed

# of Siblings: \_\_\_\_\_ Your Birth Order: \_\_\_\_\_ Vaccinations: \_\_\_\_\_

### **Children:**

# of Live Birth(s) \_\_\_\_\_ # of Abortion(s) \_\_\_\_\_ # of Miscarriage(s) \_\_\_\_\_

### **Self-Evaluate the following:**

Sleep: \_\_\_\_\_ Average hours/night: \_\_\_\_\_ Explain: \_\_\_\_\_



## The Art of Healing Intake Form

When you wake in the AM, how do you feel? \_\_\_\_\_

**Nutrition:** (Shortly describe your average day)

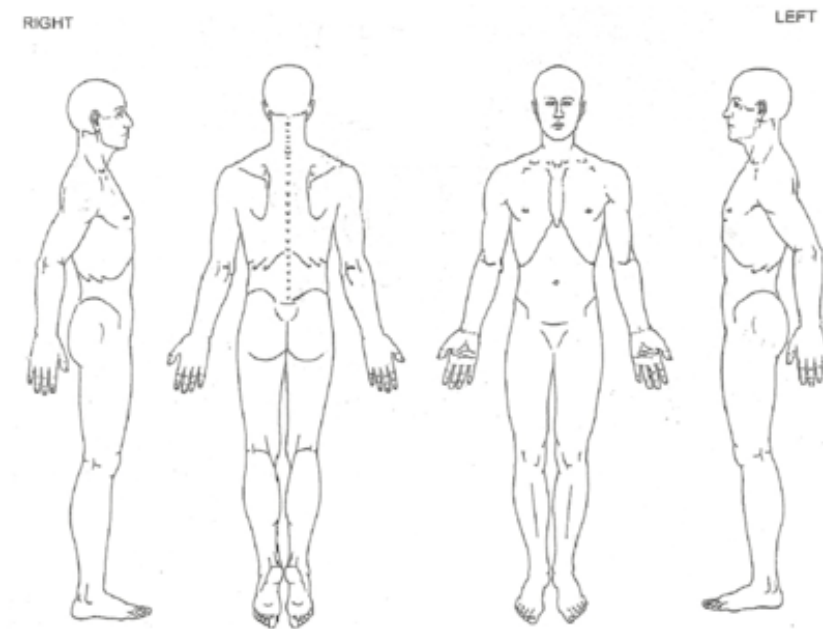
\_\_\_\_\_  
\_\_\_\_\_

**Exercise:** \_\_\_\_\_

Self-evaluate the following topics on a scale of 0-5, 5 being the best:

Physical: \_\_\_\_\_ Emotional: \_\_\_\_\_ Mental: \_\_\_\_\_ Spiritual: \_\_\_\_\_

Please mark areas of concern:



Pain (rate overall pain on scale of 0-10): \_\_\_\_\_ Describe: \_\_\_\_\_

Do you have any of the following contraindications to receiving CST: (circle all that apply)

Brain bleed   Brain clips   VP Shunts   Chiari Malformation   Brain Aneurysm

Seizure Disorder   Pacemaker/Defibrillator